



UNIVERSITY OF
WINCHESTER
CENTRE FOR ARTS AS WELLBEING

A close-up photograph of a young boy with short brown hair, wearing a blue and yellow plaid shirt, looking intently at an acoustic guitar he is playing. The guitar is a light-colored wood with a dark fretboard. The background is a soft, warm light.

MUSICAL PERSONAL SOCIAL

Music work with young people with Social,
Emotional and Mental Health issues

Phil Mullen – 11am, 2 May 2018

Musical, Personal, Social

Music work with young people with Social, Emotional and Mental Health issues

Phil Mullen

11am-1pm, SAB001

2 May 2018, University of Winchester

The effect of certain approaches to music participation and education on supporting personal growth as well as developing social skills have been noted by a number of researchers including Hallam (2015) and Lonie (2013). In addition there are numerous impact studies on the positive effects of music work with children in challenging circumstances in England, as well as case studies of how involvement in music has positively transformed the lives of young people at risk. Until very recently however little has been published on how best to work with such young people to foster positive change.

Drawing on many years practice with the most vulnerable children and young people in society, as well as his PHD research into music work with young people excluded from school because of challenging behaviour, Phil Mullen will outline both the potential effects of musical involvement on young people with social, emotional and mental health issues and also the ways of working he and other community musicians use to establish trust and encourage engagement, ownership and change.

Phil Mullen got into the music business through punk rock, had a career in rock bands in the 1980s and became a community musician in 1985. He is now one of the world's leading Community Music trainers. He has worked for over thirty years developing music with people who suffer from social exclusion, including homeless people, offenders, through to seniors. Phil specializes in working with excluded children and young people at risk. He spent 8 years working in Northern Ireland using music as a tool for peace and reconciliation. Phil also worked for seven years running the Open Ear community orchestra for the London Philharmonic Orchestra. He has run workshops and seminars on community music and creativity in 26 countries across Europe, North America and Asia as well as in South Africa, Australia, and New Zealand.

Publications include co-editing 'Reaching out – Music education with 'hard to reach' children and young people' published by Music Mark, UK, November 2013.

Phil has a PHD from Winchester University in music work with children excluded from school because of challenging behaviour.

Entry is free, there will be tea and coffee on arrival.

To book contact: Holly.Pye@winchester.ac.uk

